

Maximizing Outcomes in Psoriasis Therapy Symposium  
29<sup>th</sup> - 31<sup>st</sup> January, 2013  
Scientific Program

Day 3: Thursday, January 31<sup>st</sup>, 2013

MORNING SESSION (8:00 AM -12:30 PM)		
Patient Consultations in Dermatology Outpatient Departments:- PD Dr. med. Nast , at Farwaniya Hospital, Prof. Papp, at Mubarek Hospital and Prof.. Hamadah, at Jahra Hospital		
EVENING SESSION (Grand Ballroom, Farwaniya Hospital , Kuwait)		
Session (6)		
6:00 PM - 6:20 PM	(L 15)	Strategies for continuous disease control Prof. Kim Papp , Canada
6:20 PM - 6:40 PM	(L 16)	Scoring and monitoring the severity of psoriasis Dr. Mahmoud Abu Alela , Kuwait
6:40 PM - 7:00 PM	(L 17)	Psoriasis and cardiovascular co-morbidities - myth or reality? PD Dr. med . Alexander Nast , Germany
7:00 PM - 7:20 PM	(L 18)	Does systemic treatment improve cardiovascular co-morbidities? PD Dr. med . Alexander Nast , Germany
7:20 PM - 7:30 PM	Panel Discussion	
7:30 PM -7:40 PM	Coffee Break	
Session (6)		
7:40 PM - 8:00 PM	(L 19)	Highlights on Hidradenitis Suppurativa Management Prof. Kim Papp , Canada
8:00 PM - 8:20 PM	(L 20)	Psoriasis case scenario studies and data I Prof. Issam R. Hamadah, KSA
8:20 PM - 8:40 PM	(L 21)	Psoriasis case scenario studies and data II Prof. Issam R. Hamadah, KSA
8:40 PM - 9:00 PM	Panel Discussion	
9:00 PM	Dinner	

**15 CME**  
Category I  
113/Dm7/Jan13



وزارة الصحة  
Ministry of Health

# Maximizing the Outcomes in Psoriasis Therapy III

الملتقى العلمي الثالث للمستجدات الحديثة في علاج الصدفية

٢٩ - ٣١ يناير ٢٠١٣، الكويت  
29 - 31 January 2013, Kuwait



**15 CME**  
Category 1  
113/Dm7/Jan13

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مجلس أقسام الأمراض الجلدية والتناسلية - وزارة الصحة - دولة الكويت

Council of Dermatology Departments - Ministry of Health - Kuwait

**Maximizing Outcomes in Psoriasis Therapy Symposium**  
**29<sup>th</sup> - 31<sup>st</sup> January, 2013**  
**Scientific Program**

Day 1: Tuesday, January 29<sup>th</sup>, 2013

<b>MORNING SESSION</b> (8:00 AM -12:30 PM)		
Patient Consultations in Dermatology Outpatient Departments:- PD Dr. med . Nast , at Al-Adan Hospital, Prof. Hamadah, at Amari Hospital and Prof. Papp , at Farwaniya Hospital		
<b>EVENING SESSION</b> (Grand Ballroom, Farwaniya Hospital , Kuwait)		
<b>Session (1)</b>		
6:00 PM - 6:20 PM	(L 1)	Maximizing Outcomes in Psoriasis Therapy Symposium: An introduction Dr. Nawaf Almutairi, Kuwait
6:20 PM - 6:40 PM	(L 2)	Treating to target for the successful management of Psoriasis PD Dr. med . Alexander Nast , Germany
6:40 PM - 7:00 PM	(L 3)	Conventional systemic therapies for psoriasis still they have a role. Prof. Issam R. Hamadah, KSA
7:00 PM - 7:20 PM	(L 4)	Optimizing treatment transitioning PD Dr. med . Alexander Nast , Germany
7:20 PM - 7:30 PM	Panel Discussion	
7:30 PM -7:40 PM	Coffee Break	
<b>Session (2)</b>		
7:40 PM - 8:00 PM	(L 5)	Putting benefit & risk of biologics into perspective Prof. Kim Papp , Canada
8:00 PM - 8:20 PM	(L 6)	Psoriasis and Biologics in Pregnancy , Lactation and surgery Prof. Issam R. Hamadah, KSA
8:20 PM - 8:40 PM	(L 7)	Biologics for the treatment of Psoriatic Arthritis - When to use? How to choose? Prof. Kim Papp , Canada
8:40 PM - 9:00 PM	Panel Discussion	
9:00 PM	Dinner	

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**Maximizing Outcomes in Psoriasis Therapy Symposium**  
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**Scientific Program**

Day 2: Wednesday, January 30<sup>th</sup>, 2013

<b>MORNING SESSION</b> (8:00 AM -12:30 PM)		
Patient Consultations in Dermatology Outpatient Departments:- PD Dr. med . Nast , at Jahra Hospital, Prof. Hamadah, at Mubarek Hospital and Prof. Kim Papp , at Asa'd Al-Hamad Center		
<b>EVENING SESSION</b> (Grand Ballroom, Farwaniya Hospital , Kuwait)		
<b>Session (3)</b>		
6:00 PM - 6:20 PM	(L 8)	Special diets ( fish oil, vitamins, trace elements ) and Psoriasis Dr. Gamal AbdulSamee, Kuwait
6:20 PM - 6:40 PM	(L 9)	Association between Psoriasis and Inflammatory Bowel Disease PD Dr. med . Alexander Nast , Germany
6:40 PM - 7:00 PM	(L 10)	Tuberculosis in the era of Biologic therapy Dr. Sultan Al-Otaibi, Kuwait
7:00 PM - 7:20 PM	(L 11)	Is there an increased cancer risk with Psoriasis? PD Dr. med . Alexander Nast , Germany
7:20 PM - 7:30 PM	Panel Discussion	
7:30 PM -7:40 PM	Coffee Break	
<b>Session (4)</b>		
7:40 PM - 8:00 PM	(L 12)	Handling Nail Psoriasis Prof. Kim Papp , Canada
8:00 PM - 8:20 PM	(L 13)	A diagnostic challenge and treatment: acute generalized exanthematous pustulosis (AGEP)? Prof. Issam R. Hamadah, KSA
8:20 PM - 8:40 PM	(L 14)	Clearing Scalp Psoriasis Prof. Kim Papp , Canada
8:40 PM - 9:00 PM	Panel Discussion	
9:00 PM	Dinner	

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